Reducing Inequality by Targeting Faculty Practices: The Texas Mindset Initiative

David S. Yeager
Department of Psychology and Texas Behavioral Science and Policy Institute, University of Texas at Austin
Graduation Disparities, 2010-2019

N = 24,229

6-Year Graduation: Covariate-Adjusted

(N = 8,229)
Advantaged students
(White, Continuing-generation)

82%

(N = 3,790)
Disadvantaged students
(African-American, Latinx, Any Race First-gen)

76%

6pp gap***
Retention in CNS Majors 2010-2019: All Courses

Survival Curves By Race

- White and Asian Students
- 11pp gap***
- Black and Latinx Students

Survival Curves By First Generation College

- Continuing-Generation Students
- 10pp gap***
- First-Generation Students

N = 24,229
Retention in a Math Major 2010-2019: By Instructor

These instructors retain half as many students as the highest-performers.

“Bright spots:” These instructors retain twice as many students as the lowest-performers.

These instructors retain half as many students as the highest-performers.
Faculty Can Influence Inclusion

Expectations of brilliance underlie gender distributions across academic disciplines

Sarah-Jane Leslie, Andrei Cimpian, Meredith Meyer, Edward Freeland

The gender imbalance in STEM subjects dominates current debates about women underrepresentation in academia. However, women are well represented at the PhD level in some sciences and poorly represented in some humanities (e.g., in 2011, 54% of U.S. Ph.D.s in molecular biology were women versus only 31% in philosophy). We hypothesize that, across the academic spectrum, women are underrepresented in fields whose practitioners believe that raw, innate talent is the main requirement for success, because women are stereotyped as not possessing such talent. This hypothesis extends to African Americans’ underrepresentation as well, as this group is subject to similar stereotypes. Results from a nationwide survey of academics support our hypothesis (termed the field-specific ability beliefs hypothesis) over three competing hypotheses.

STEM faculty who believe ability is fixed have larger racial achievement gaps and inspire less student motivation in their classes

Elizabeth A. Canning*, Katherine Muenks†, Dorainne J. Green, Mary C. Murphy*

An important goal of the scientific community is broadening the achievement and participation of racial minorities in STEM fields. Yet, professors’ beliefs about the fixedness of ability may be an unwitting and overlooked barrier for stigmatized students. Results from a longitudinal university-wide sample (150 STEM professors and more than 15,000 students) revealed that the racial achievement gaps in courses taught by more fixed mindset faculty were twice as large as the achievement gaps in courses taught by more growth mindset faculty. Course evaluations revealed that students were demotivated and had more negative experiences in classes taught by fixed (versus growth) mindset faculty. Faculty mindset beliefs predicted student achievement and motivation above and beyond any other faculty characteristic, including their gender, race/ethnicity, age, teaching experience, or tenure status. These findings suggest that faculty mindset beliefs have important implications for the classroom experiences and achievement of underrepresented minority students in STEM.
Faculty Can Influence Inclusion

“Sorry that it’s hard for you. Maybe you’re just not a Physics person.”
History and Culture Raise Questions about Inclusion

Am I the kind of person who can (and will be allowed to) succeed in college in America?

Walton & Brady (2018); Yeager et al. (2016)
Questions Initiate “Recursive Processes”

“Is this hard because I do not belong or don’t have the ability to do it?”

Worse performance

Isolation, low help-seeking, avoiding challenges.
Mindsets Alter Recursive Processes

Mindset Intervention(s): Stories about how belonging is developed

“These difficulties are normal and can get better with time”

Charters: +8PP Graduation effect (Brady et al., in prep)
At UT: 40% Reduction in Achievement Gaps (Yeager et al., 2016, PNAS)

Seeking help, embracing challenges, persisting.

Better performance in school
How Can Faculty Reinforce Belonging Messages?
“Bright spots:”
Who are these people? What do they do?

A Famous Faculty Member

Retention in Major 2010-2019: By Instructor

N = 24,229
Institutional Research:
Historical and ongoing data collection (e.g. SIS, Zoom, Canvas)

Faculty Fellowship:
8-14 faculty per year, to surface promising practices.

Novel RCTs:
Randomized micro-experiments to evaluate fellows’ promising practices
Example Practice: Sharing Your Belonging Stories
Dr. Christina Markert, Introductory Physics
TxMI Fellow Spotlight: Christina’s Results

• Highest Physics test scores and retention in the major
• Lowest drop-out rates
• Highest CIS scores, and better student experience:

“I absolutely loved Dr. Markert! I was resenting having to take Physics as it has always been a hard subject for me. Dr. Markert was so intentional about sharing her own experiences and encouraging everyone to feel confident in themselves. That did so much to boost my confidence and make me feel prepared to handle the material. I have truly never had a professor thus far who is as attuned to student needs as Dr. Markert. She made physics an amazing experience!”
Additional Resources